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## The Mission of the Foundation:

We restore psychological resilience, the strength to grow and thrive, and uphold the right for all children affected by war to be heard. We help them regain faith in themselves, a sense of support, and the ability to move forward with the help of professional psychological care and a safe environment.



I DREW — AND I AM NO LONGER  
AFRAID OF THE DARKNESS.  
SOMEHOW, IT HELPED ME.  
I JUST DREW WHAT I WANTED —  
AND THAT'S IT,  
SAID 9-YEAR-OLD SOFIIA.

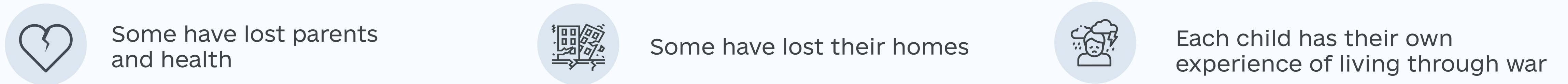


## WHY IS THIS IMPORTANT?



War leaves behind not only ruins but also **invisible trauma**.

### 3.5 MILLION CHILDREN IN UKRAINE HAVE BEEN AFFECTED BY THE WAR



### THE CONSEQUENCES OF CHILDREN'S TRAUMA WITHOUT SUPPORT:



**We Cannot Wait.  
HELP IS NEEDED NOW**

**3,500,000** CHILDREN –  
**70%** LIVE WITHOUT BASIC SAFETY  
OR ADEQUATE PSYCHOLOGICAL SUPPORT\*

\*Based on UNICEF data from July 10, 2025



## SYSTEMIC PROBLEMS:

- lack of qualified child psychologists
- absence of specialized psychological recovery centers
- limited access to help in communities
- lack of support for parents and families
- stigmatization of mental health issues

## WHAT CHILDREN NEED:

- **consistent, not one-time, support**
- **an environment** where they are accepted, not judged
- **recognition of their experiences** – through play, creativity, and dialogue
- **the presence** of an adult who stands with them, not above them

**“ CHILDREN’S EXPERIENCES ARE OFTEN SILENCED.  
WE CREATE A SPACE WHERE CHILDREN ARE HEARD AND SUPPORTED –  
WITHOUT PRESSURE, WITHOUT DIAGNOSES, WITHOUT SHAME. ”**



## WHO ARE WE?



### VOICES OF CHILDREN IS A UKRAINIAN CHARITABLE FOUNDATION

- Founded as a **volunteer initiative** in 2015. Officially registered in 2019.
- Co-founders: **Olena Rozvadovska** (human rights advocate) and **Azad Safarov** (journalist, film director).

### WHO WE ARE TODAY:

- The largest Ukrainian Foundation providing comprehensive psychological support to children and families.
- Over 200** specialists across Ukraine.
- 10** regional centers
- Over 150,000** people have received our support.



**WE CREATED THE FOUNDATION IN THE EARLIEST DAYS OF THE WAR FOR CHILDREN, AND WE HAVE STAYED BY THEIR SIDE OVER THE YEARS**





## OUR MISSION



We restore psychological resilience, the strength to grow and thrive, and uphold the right for all children affected by war to be heard. We help them regain faith in themselves, a sense of support, and the ability to move forward with the help of professional psychological care and a safe environment.

### WE BELIEVE THAT:

- No child should face the war experience alone
- Support must be accessible, dignified, and long-term
- Healing is possible only where there is trust, respect, and safety



### WE ACT TO:

- Create a space where the child is heard
- Help families recover by strengthening resilience
- Build a system of professional support that works within communities



**We are not just about charity – we are about dignity**

– Olena Rozvadovska, co-founder of the Foundation

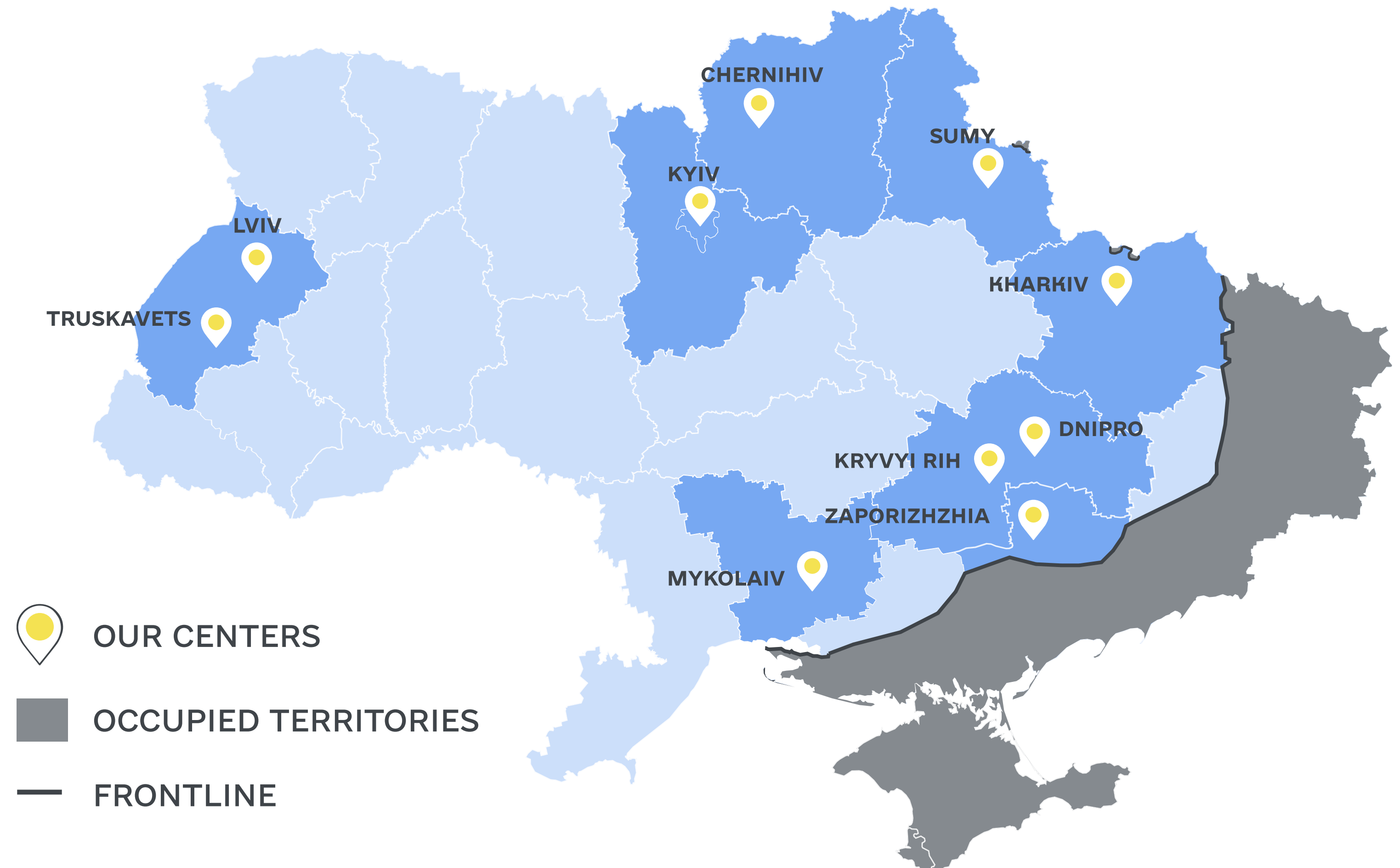






## EVERY MONTH:

- Over **2,000 children and adults** receive support through the Foundation's **10 regional centers**
- **Psychoeducational** and **psychosocial** events are held regularly
- **Specialized training sessions** are organized for educators, human rights advocates, journalists, and psychologists





## OUR AREAS OF WORK



We provide comprehensive support, working with the child, their family, and the environment around them

- **Individual and group** psychological support for children and families
- **Online support:** chatbot, video sessions, and our psychological support helpline
- **Programs for families:** CAMP+ psychological recovery camps
- **Children's psychological recovery camps**
- **Advocacy and culture:** research, art residencies, children's books
- **Education for specialists:** training for psychologists, teachers, social workers
- **Mobile teams:** in front-line, de-occupied, and isolated communities
- **Infrastructure for children:** sensory rooms, bomb shelters, children's spaces
- **Support for children with disabilities:** inclusive programs, rehabilitation



## HOW WE WORK



### WE FOLLOW A THREE-LEVEL MODEL:



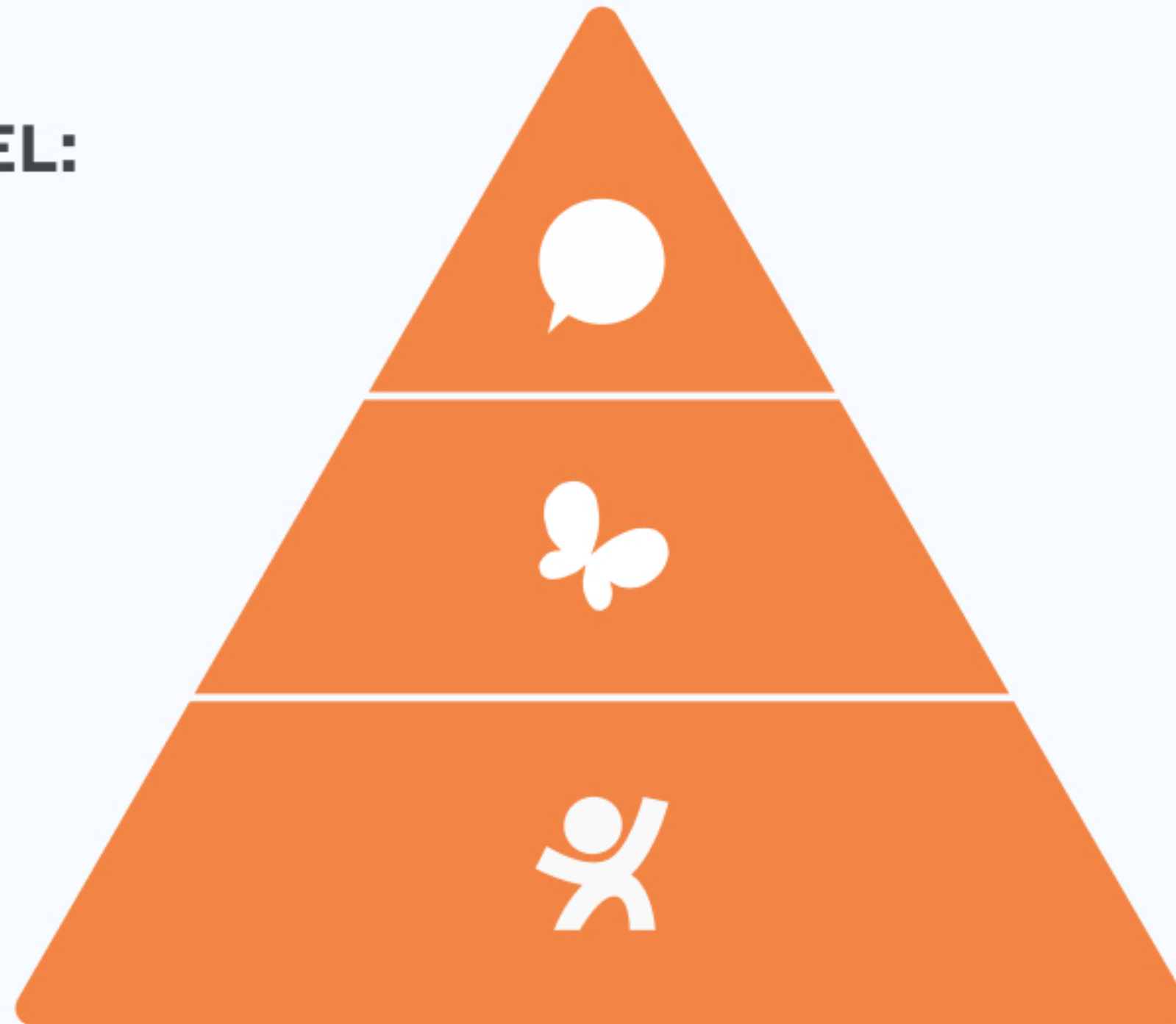
**Body** – stabilization of the nervous system, body-based practices, movements, and breathing



**Emotions** – working with experiences through play, creativity, and group interaction



**Thoughts** – integration of traumatic experience through psychotherapy and reflection



We use scientifically based methods of psychological recovery for children with proven effectiveness: trauma-focused CBT, art and body-oriented therapy, sensory integration, EMDR, play therapy, mindfulness, and family-based approaches.



## WE SUPPORT THE ENTIRE FAMILY



- Groups for mothers who have lost husbands or have relatives in captivity
- Individual psychological sessions for parents (over 15,000 adults from 2022–2024)
- Psychoeducation and support for families raising children with signs of trauma
- Case management for families with complex needs—7,500 people received support
- Humanitarian aid for 3,000+ families in crisis
- Support for parents of children with disabilities. Tailored formats for children with ASD, sensory rooms, art, and body-oriented therapy



**WE USE AN INDIVIDUALIZED APPROACH  
AND ARE SENSITIVE TO THE NEEDS OF EACH FAMILY**





## WE TRAIN THOSE WHO HELP



“ A SUSTAINABLE SYSTEM OF SUPPORT IS NOT JUST ABOUT TODAY.  
IT IS ABOUT SPECIALISTS WHO WILL BE THERE TOMORROW ”

### THE FOUNDATION'S EDUCATIONAL FOCUS:

- Training and supervision programs for psychologists, educators, social workers, and others
- Over 200 specialists undergo training every year
- **Topics:** child trauma, PTSD, body-based practices, group work, TISS
- Online platform for learning → access for specialists in regional areas

### APPROACH:

- Adapted international approaches to the Ukrainian context (WHO, Bruce Perry, Bessel van der Kolk)
- Local cases and professional support from Ukrainian and international experts
- Integration into the school education system and municipal services





## OUR IMPACT IN NUMBERS (2019–2024)



The Foundation has supported over **137,000 children and parents affected by the negative impacts of the war**, created a network of **10 centers**, and launched programs such as camps, mobile teams, online counseling, psychoeducation, etc.

**137,000** children and parents received support from the foundation, among them:

**36,397**

children and their parents have received psychological or psychosocial support.

**549**

participants have recovered through the CAMP+ program.

**9,450**

online psychological support sessions were conducted.

**7,500**

individuals received support from the Foundation's case managers.

**4,669**

children participated in children's camps and psychological recovery intensives.

**2,194**

families received humanitarian aid.





## FOR THE YEAR 2024:

**12,195**

individual psychological consultations.

**5,559**

group psychosocial sessions.

**3,711**

online sessions.

**733 families**

received humanitarian aid.

**1,069 children**

participated in children's psychological recovery camps and intensives.

**60 families**

participated in the CAMP+ program; over 3 sessions, 85 children and 61 adults received support.

**119 children with disabilities**

received rehabilitation support.



EVERY MONTH, WE SUPPORT OVER **2,000** CHILDREN AND ADULTS INDIVIDUALLY, IN GROUPS, AND COMMUNITIES.





“

I didn't believe that 21 days of working with psychologists could change anything. But—no. Here, they told me I don't have to hold everything in. Now we can sit down and cry together. This has changed us,

— VIKTORIIA, PARTICIPANT IN THE  
«CAMP+» PROGRAM.





## OUR UNIQUENESS



- **For 10 years**, we have been researching the experience of childhood in war conditions
- **Comprehensive approach:** physical, emotional, cognitive, and family support
- **Working with the child's entire environment:** peers, parents, community, and specialists
- **Our own educational programs:** we train those who help others
- **International standards, Ukrainian context:** WHO, TICC, NCTSN
- **Stories that change:** advocacy through art, books, and documentaries
- **Growing with children:** The Childhood Center will be the first center in Ukraine for comprehensive psychological rehabilitation for children and parents affected by the war



**WE ARE NOT JUST ABOUT HELPING.  
WE ARE ABOUT LASTING PRESENCE, PROFESSIONALISM, AND TRUST**





# THE CHILDHOOD CENTER



## WHAT IS THE CHILDHOOD CENTER?

- The first **center in Ukraine for comprehensive psychological rehabilitation** for children and parents living through the war
- **3,18** hectares of nature, 40 minutes from Kyiv
- Programs from **1** to **21** days long
- Over **1,000** participants annually
- More than **200** specialists trained annually

## WHAT WILL THE CENTER INCLUDE?

- Spaces for therapy, play, art, and mind-body practices
- Sensory rooms, dedicated spaces for parents
- Training for specialists and communities







## HOW WE ENSURE SUSTAINABILITY:

- 10 years of experience developing support services for children and families;
- an extensive team: 200+ specialists across 10 regional centers in Ukraine;
- development of our own educational programs and supervision;
- partnerships with the government bodies, international organizations, and communities;
- long-term projects;

## HOW WE GUARANTEE TRANSPARENCY:

- annual external audits;
- open financial and program reports;
- supervisory board made up of independent experts;
- reports in the form of an Impact Statement, publicly available;
- trust from leading international partners.



**BEING THERE FOR A CHILD MEANS BEING THERE TOMORROW**





# ACHIEVEMENTS MADE POSSIBLE TOGETHER



- The film **“House Made of Splinters,”**, created with the Foundation’s team, was nominated for the **2023 Oscars** for Best Documentary Feature Film
- The children’s quote book **War through the Voices of Children** was translated and published abroad and presented at international exhibitions
- We initiated the creation of the first Childhood Center for the comprehensive rehabilitation of children and families affected by the war in Ukraine
- **Olena Rozvadovska** was named among the **BBC 100 Women of 2023** and the **UP100 Power of Women** by the Ukrainska Pravda media outlet
- We provide psychological support to children who have returned from Russia’s deportation through individual sessions and rehabilitation programs
- We have trained over **500 specialists** (psychologists, educators, social workers) on the topic of child trauma, TICC, and psychoeducation
- **International support:** donations and public support from **Madonna and Oprah Winfrey**





# DONORS WHO SUPPORT THE FOUNDATION



OUR STORIES HAVE BEEN FEATURED BY BBC, SKY NEWS, ABC, CNN,  
AT YALE UNIVERSITY, IN BOOKS, AND IN FILMS.





VOICES  
OF CHILDREN

“

**CHILDREN CANNOT WAIT FOR  
THE WAR TO END TO BEGIN  
THEIR HEALING.**

## HOW YOU CAN HELP:

- Make your contribution to one of the areas (programs, infrastructure, training)
- Provide professional expertise and resources
- Share information about us in your community
- Become a strategic partner



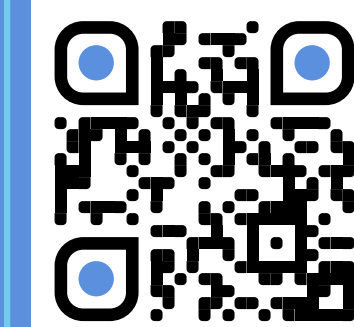
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